

**Countering Domestic Violence
Program
40-Hour Domestic Violence Training**

Name _____
Agency Name: _____
Role at Agency: _____
Address: _____
City: _____
State: _____ Zip: _____
Phone: _____
Fax: _____
E-mail: _____

Do you have a disability that requires special consideration? (MCCA/CDV will contact you regarding details.)

Check enclosed Amount due: \$250

For online registrations, please go to the MCCA website using the QR code below or at <https://mccainc.org/cdv-40-hourtraining-workshop-registration>



You may also mail registration form and payment to:

Mid Central Community Action, Inc.
ATTN: Rachel Sizemore
1301 W. Washington St.
Bloomington, IL 61701

Or email registration form to:
rachels@mccainc.org

Payment is due upon registering.

Certificate of Attendance

Please be prepared to attend every day for the entire time scheduled. There are no exceptions. A Certificate of Attendance will be distributed at the END of training to each participant. This 40-Hour Domestic Violence training course is approved by Illinois Certified Domestic Violence Professionals, Inc.

Total cost of training is \$250.

Training will be held at
Mid Central Community Action's
conference room,
1301 W Washington, Bloomington.

Registration deadline:
February 2, 2026



Phone Number
(309) 829-0691

Website
www.MCCAInc.org



REGISTER NOW >

Illinois Certified Domestic
Violence Professionals, Inc.

Approved 40-Hour Domestic Violence Training

February 9th-13th, 2026
9am-5pm



24-hr. Hotline
(309)827-7070

Approved 40-Hour Domestic Violence Training Class Overview

February 9-13, 2026
9am-5pm

Day 1—Monday, February 9, 2026 (am)

- **Dynamics and basic theories of domestic violence**
 - Power and control
 - Statistics of domestic violence
 - Defining domestic violence
 - Types of abuse Strangulation
 - Cycle of violence
 -

Day 1—Monday, February 9, 2026 (pm)

- **Foundations & Program Orientation**
 - Agency/program history and philosophy
 - ICDVP code of ethics
 - ICDVP certification
 - DV advocacy
 - Historical, feminist, & societal perspectives
 - Historical milestones in the DV movement
 - Myths and realities
 - Making referrals to other agencies
 - Self care

Day 2—Tuesday, February 10, 2026 (am)

- **Direct Service Issues**
 - Service planning
 - Confidential communication
 - Rural populations
 - Adult Protective Services Act
 - Abuse later in life
 - People with behavioral or mental health issues
 - Trauma specific care

Day 2—Tuesday, February 10, 2026 (pm)

- **IDVA/Legal Issues**
 - IDVA act
 - Order of protection
 - Criminal offenses
 - Conditions of bond
 - Full faith and credit
 - VESSA
 - Safe Homes Act
 - Prohibitions against firearm possession

Day 3—Wednesday, February 11, 2026 (am/pm)

- **Safety and Assessment**
 - Safety planning
 - Personalized safety plan
 - Lethality assessment
 - Suicide assessment
 - Non-suicidal self-injury/self-harming behaviors
- **Safety and Technology**
 - Stalking
 - The use of technology (to stalk)
 - Technology safety planning
- **Animal Abuse**
 - As a form of power & control
 - Link to human violence
 - Community collaboration
 - Safety planning and special consideration

Day 4—Thursday, February 12, 2026 (am/pm)

- **Children's Issues**
 - Effects of DV on children
 - ACE's
 - Child abuse and neglect
 - DCFS issues Mandated
 - Reporting Act Safety
 - planning Working with children Child client files
- **Teen Dating Violence**
 - Dynamics
- **Sexual Assault**
 - Marital and date rape
 - Link to DV
 - Sexual abuse and harassment
 - Stepping Stones program overview
 - Laws/resources/procedures
 - Medical advocacy

Day 5—Friday February 13, 2026 (am)

- **People Who Cause Harm in Relationships**
 - Characteristics of people who abuse
 - Protocol for intervention programs
 - Local programs for people who abuse
- **Working with Victim/Survivor Populations with Complex Issues**
 - STD's, HIV/AIDS, Hepatitis C, Sex work, Human trafficking
 - Immigrant Communities
 - Substance use and DV

Day 5—Friday, February 13, 2026 (pm)

Cultural Humility

- Anti-racism
- Religion & DV

LGBTQ+ Relationships & Heterosexism Training Wrap-up



Countering
Domestic
Violence

Illinois Certified Domestic Violence
Professionals, Inc.

Approved 40-Hour
Domestic Violence Training