

**Countering Domestic Violence Program  
40-Hour Domestic Violence Training**

Name: \_\_\_\_\_

Agency Name: \_\_\_\_\_

Role at Agency: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Fax: \_\_\_\_\_

E-mail: \_\_\_\_\_

Do you have a disability that requires special consideration?

Yes: \_\_\_\_\_ No: \_\_\_\_\_

(MCCA/CDV will contact you regarding details.)

Check enclosed Amount due: \$250

For online registrations, please go to the MCCA website or use the QR code on the front of the brochure.

You may also mail registration form and payment to:

Mid Central Community Action, Inc.  
ATTN: Rachel Sizemore - 40 Hour  
1301 W. Washington St.  
Bloomington, IL 61701

Or email registration form to:  
RachelS@MCCAInc.org

Payment is due upon registering.

# Certificate of Attendance

Please be prepared to attend every day for the entire time scheduled. There are no exceptions. A Certificate of Attendance will be distributed at the END of training to each participant.

This 40-Hour Domestic Violence training course is approved by Illinois Certified Domestic Violence Professionals, Inc.

Total cost of training is \$250.

Training will be held at  
Mid Central Community Action's  
Large Conference Room  
1301 W Washington, Bloomington.

Registration deadline:  
August 3rd, 2026



REGISTER NOW >



**Phone Number**  
(309) 829-0691

**Website**  
www.MCCAInc.org



REGISTER NOW >

**Illinois Certified Domestic  
Violence Professionals, Inc.**

**Approved 40-Hour  
Domestic Violence Training**

**August 10-14, 2026  
9 AM - 5 PM**



**24-Hour Hotline  
(309)827-7070**



# Approved 40-Hour Domestic Violence Training Class Overview

August 10-14, 2026  
9 AM - 5 PM

## Day 1—Monday, August 10, 2026 (AM)

- **Dynamics and basic theories of domestic violence**
  - Power and control
  - Statistics of domestic violence
  - Defining domestic violence
  - Types of abuse
  - Strangulation
  - Cycle of violence

## Day 1—Monday, August 10, 2026 (PM)

- **Foundations & Program Orientation**
  - Agency/program history and philosophy
  - ICDVP code of ethics
  - ICDVP certification
  - DV advocacy
  - Historical, feminist, & societal perspectives
  - Historical milestones in the DV movement
  - Myths and realities
  - Making referrals to other agencies
  - Self care

## Day 2—Tuesday, August 11, 2026 (AM)

- **Direct Service Issues**
  - Service planning
  - Confidential communication
  - Rural populations
  - Adult Protective Services Act
  - Abuse later in life
  - People with behavioral or mental health issues
  - Trauma specific care

## Day 2—Tuesday, August 11, 2026 (PM)

- **IDVA/Legal Issues**
  - IDVA act
  - Order of protection
  - Criminal offenses
  - Conditions of bond
  - Full faith and credit
  - VESSA
  - Safe Homes Act
  - Prohibitions against firearm possession

## Day 3—Wednesday, August 12, 2026

- **Safety and Assessment**
  - Safety planning
  - Personalized safety plan
  - Lethality assessment
  - Suicide assessment
  - Non-suicidal self-injury/self-harming behaviors
- **Safety and Technology**
  - Stalking
  - The use of technology (to stalk)
  - Technology safety planning
- **Animal Abuse**
  - As a form of power & control
  - Link to human violence
  - Community collaboration
  - Safety planning and special consideration

## Day 4—Thursday, August 13, 2026

- **Children's Issues**
  - Effects of DV on children
  - ACE's
  - Child abuse and neglect
  - DCFS issues
  - Mandated Reporting Act
  - Safety planning
  - Working with children
  - Child client files
- **Teen Dating Violence**
  - Dynamics
- **Sexual Assault**
  - Marital and date rape
  - Link to DV
  - Sexual abuse and harassment
  - Stepping Stones program overview
  - Laws/resources/procedures
  - Medical advocacy

## Day 5—Thursday, August 14, 2026 (AM)

- **People Who Cause Harm in Relationships**
  - Characteristics of people who abuse
  - Protocol for intervention programs
  - Local programs for people who abuse
- **Working with Victim/Survivor Populations with Complex Issues**
  - STD's, HIV/AIDS, Hepatitis C, Sex work, Human trafficking
  - Immigrant Communities
  - Substance use and DV

## Day 5—Thursday, August 14, 2026 (PM)

- **Cultural Humility**
  - Anti-racism
  - Religion & DV
- **LGBTQ+ Relationships & Heterosexism**
  - Training Wrap-up



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